



## We Need Your Help

We are currently serving older residents by providing help with food resources and supplemental nutrition, hygiene kits, phone check-ins, chronic disease support, information and referral, guidance on Medicare and scams, and transportation to health care appointments and pharmacies.

We recognize there are many other older adults who are suffering in the midst of the COVID-19 crisis, and may need immediate assistance.

**If you are aware of local clients, neighbors, relatives, colleagues, members of the faith community or others who may be in need of safety checks by phone or any other VPAS services at this time, please have them contact us:**

In Bath County, contact Alicia Wrights, [alicia@vpas.info](mailto:alicia@vpas.info) 540-839-5604

You may also contact us on their behalf.

Again, VPAS services can

- decrease social isolation with our telephone check-in program
- decrease food insecurity by providing food resources
- improve wellness with the Chronic Disease Self-Management Tool Kit
- provide access to assistance for other needs including questions about Medicare benefits

**For concerns about possible elder abuse, contact 540-574-5104 or the 24-hour, toll-free Adult Protective Services hotline at: (888) 832-3858.**

Please visit our **[COVID-19 page](#)** for ongoing updates on service delivery and guidance for older adults and their caregivers.

**These are challenging times, but together we will navigate the coronavirus crisis. Please consider your network as a VPAS Ambassador and help us to protect older adults in our community.**

